

## **COALITION MEMBERS**

**BLUECROSS BLUESHIELD of WNY**

**CATHOLIC HEALTH SYSTEMS**

**DEPARTMENTS of HEALTH:**

**ERIE COUNTY**

**ALLEGANY COUNTY**

**CATTARAUGUS COUNTY**

**CHAUTAUQUA COUNTY**

**GENESEE COUNTY**

**NIAGARA COUNTY**

**ORLEANS COUNTY**

**WYOMING COUNTY**

**NEW YORK STATE**

**GLAXOSMITHKLINE**

**INDEPENDENT HEALTH ASSOCIATION**

**INDEPENDENT NURSING CARE**

**MAXIM HEALTH SYSTEMS**

**MEDICAL SOCIETY of WNY**

**MEDIMMUNE**

**MERCK**

**MONROE PLAN**

**NOVARTIS**

**PASSPORT HEALTH of WNY**

**PHARMACISTS ASSOC. of WNY**

**SANOPI PASTEUR**

**UNIVERA HEALTHCARE**

**VNA of WNY**

## **VACCINES...**

**ADULTS  
NEED  
THEM, TOO!**



**PRESENTED BY:**

**The Western New York  
Adult  
Immunization Coalition**



**VISIT OUR WEBSITE AT:  
[WWW.IMMUNIZEWNY.ORG](http://WWW.IMMUNIZEWNY.ORG)**

**Y**our best protection against diseases?  
**Vaccines!** As an adult, you need to be protected from many different illnesses. Far too many adults become ill, are disabled, and die each year from diseases that could easily have been prevented by vaccinations.

Many people think diseases like hepatitis A & B and pertussis will not affect them...this is not the case. If you were never immunized or never had these diseases, you are at risk. Some vaccinations may lose their effectiveness over time and you may need a booster shot. To find out what shots you may need or where to get vaccines, ***contact your doctor or local health department.***

REMEMBER....vaccines are not just for kids!! ***ADULTS benefit from vaccinations too!***

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### **INFLUENZA (FLU)**

Now recommended every Fall for **all** adults to reduce their risk of becoming ill with the flu.

### **PNEUMONIA**

Recommended for all people over age 65, those under 65 with certain chronic diseases, and for people over 19 years of age who smoke or have asthma.

### **MENINGITIS**

One dose is recommended for college students and those at risk.

### **TETANUS, DIPHTHERIA (Td,Tdap\*)**

All adults need a booster dose every ten years after completion of the 3 dose primary series.

**\*Tdap**, a one time booster with ***pertussis***

### **HEPATITIS B**

A 3 dose series is recommended for health care workers, travelers, dialysis patients, anyone diagnosed with a sexually transmitted disease, men who have sex with men, those with more than one sex partner, and IV drug users.

### **HEPATITIS A**

A 2 dose series is recommended for many adults and travelers.

### **HUMAN PAPILLOMAVIRUS (HPV)**

A 3 dose series is recommended for women and men through age 26.

### **MEASLES/MUMPS/RUBELLA (MMR)**

One dose is recommended for those born in 1957 or later that have not been previously vaccinated. Sometimes a second dose is required.

### **VARICELLA (CHICKEN POX)**

A 2 dose series is recommended for those who have never had chicken pox.

### **ZOSTER (SHINGLES)**

One dose is recommended for those who are 60 years and older who have had chicken pox.

### **POLIO**

Recommended for some adults & travelers.